

“I thought I would have to live with pain for the rest of my life”

For the past 20 years, I have lived with constant lower back pain due to a compressed disk. I have severe pain from doing the simplest, everyday tasks such as putting on my socks and shoes. Every year it seemed to be getting worse and it finally began to affect my work performance.



I met Dr. Wimmer at a health fair, where he gave me a free screening and we set up an appointment to discuss my condition. Years before, I had been told nothing could help a compressed disk and I would

have to live with the pain. At Dr. Wimmer's office, he gave me a thorough exam, took x-rays, and answered questions that I had.

After only 2 weeks of adjustments, I was already seeing results. I was amazed! I could easily do things that caused me pain before, without the pain. I have told everyone about chiropractic and how I have enjoyed it's benefits. My only regret is that I waited so long to try chiropractic care.

-Tommy Brown